#### **WISHING WELL 2**

# Wednesday, October 9, 2019

### Session Notes Taken From Skype Recording

One of Gene's teachers, Francisco Coll, wrote several books which can be ordered through ALCWorld.com. Two of the titles are: "The Real You" and "The Dynamics of Astra Soul".

#### Focus of this session was Atonement.

## Gene's prayer:

Begin by calling in your angels or higher beings and say:

In this season of atonement, let me return to oneness and integrity myself. And, may all those that live around me feel that and be inspired to return to their atonement. All in my community as well as all in our nation, may we return to a sense of integrity, atonement, and sanity, if it is possible and if it be your will. And, even the world of humans. May I move this week and may on my behalf, you forgive all my trespasses, indescretions, and habits—the ones I know of and even the ones I do not know of. And may the process of forgiveness be as gentle and graceful as possible for all involved. Amen.

Gene read to us the <u>Annulment of Vows</u> for Roshashana. Gene conveyed to us that this is a very important day and ritual. We often are drawn to things that we've made vows to whether conscious or unconscious, such as "I will never do that again?". These statements bind energy. This Aannulment of Vows unbinds that energy. It is said every year. At the end of the prayer, the "judges" pardon, forgive, and offer atonement.

Gene spoke of the writings of Tolstoy regarding Christianity. It doesn't work for Christians to make oaths because an oath cannot supersede the loyalty to one's conscience.